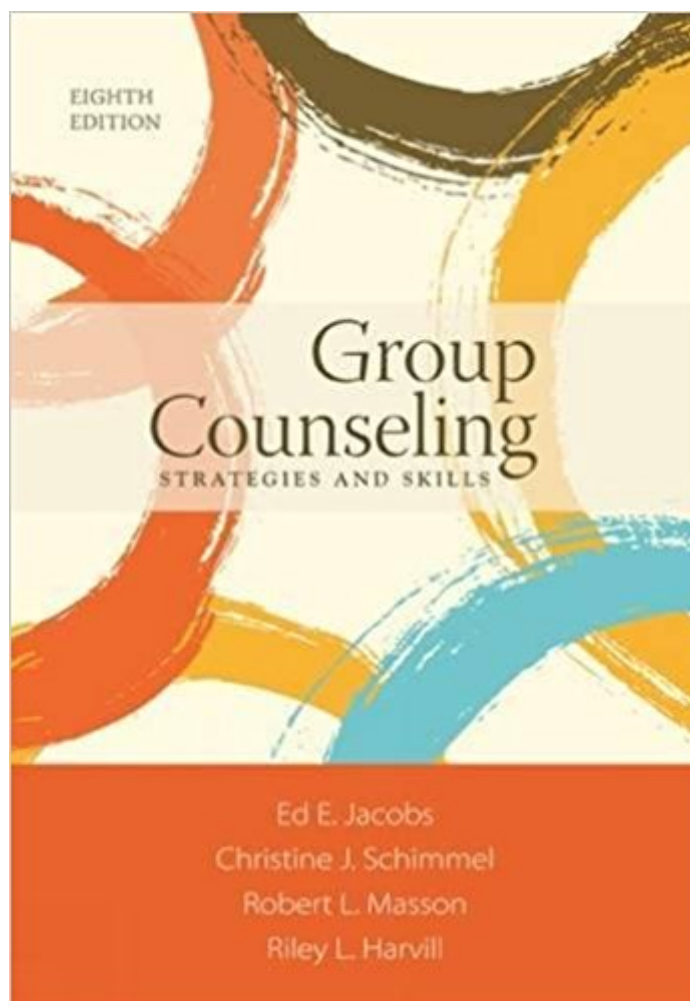


The book was found

# Group Counseling: Strategies And Skills



## Synopsis

GROUP COUNSELING: STRATEGIES AND SKILLS, Eighth Edition, provides an in-depth look at group counseling with an emphasis on practical knowledge and techniques for effective group leadership. The authors discuss the many facets of group counseling and provide examples of how each skill can be applied in a wide range of group settings to produce effective and efficient group sessions. The book's active approach focuses on the skills necessary for starting and ending a session, as well as on how to make the middle phase productive and meaningful. Through its integration of traditional theories and concepts of group process with thoughtful strategies and specific skills, this reader-friendly book meets the needs of practicing or future counselors, social workers, psychologists, and others who are leading or preparing to lead groups in a variety of settings.

## Book Information

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## Customer Reviews

"It is very easy to read, lots of great examples are given, and the group skills are clearly described and labeled." "This book covers things not covered by other textbooks, and it is incredibly practical and approachable. The information is supported by examples, and that makes it very useful in real life."

Ed Jacobs is the coordinator of the master's program in the Counseling, Counseling Psychology, and Rehabilitation Counseling Department at West Virginia University. He is also the founder and

director of Impact Therapy Associates. He teaches courses in techniques, theories, group, and addictions and conducts workshops throughout the United States and Canada on group counseling and Impact Therapy. Ed has written five other counseling books: HOW TO SELECT AND APPLY CHANGE STRATEGIES IN GROUPS, IMPACT THERAPY: THE COURAGE TO COUNSEL, LEADING GROUPS IN CORRECTIONS, IMPACT THERAPY, and CREATIVE COUNSELING TECHNIQUES: AN ILLUSTRATED GUIDE. In the past few years, Ed has traveled worldwide, introducing counselors to his group counseling and impact therapy ideas. Christine Schimmel is the coordinator of the school counseling program in the Department of Counseling, Rehabilitation Counseling, and Counseling Psychology program at West Virginia University. She has been a counselor educator for over 15 years and has taught courses in school counseling, counseling techniques, group counseling, and counseling children and adolescents. Chris has written two other counseling books: HOW TO SELECT AND APPLY CHANGE STRATEGIES IN GROUPS and IMPACT THERAPY: THE COURAGE TO COUNSEL. Chris currently serves as the secretary for the West Virginia Board of Examiners in Counseling, the licensure board for professional counselors in the state. A former school counselor, her teaching and research interests are in the field of school counseling. Bob Masson is Professor Emeritus at West Virginia University and remains active in the counseling field by teaching courses at Florida Gulf Coast University in Ft. Myers, Florida. Bob was a professor for more than 30 years at West Virginia University in the Department of Counseling, Counseling Psychology, and Rehabilitation Counseling. He also served on the State of West Virginia Board of Examiners in Counseling and remains a Licensed Professional Counselor. He has taught courses in counseling techniques, theories, group counseling, and rehabilitation counseling. Riley Harvill is the president of The HarBeck Company, a leadership training and consulting firm located in Dallas, Texas. Over the past several years, his work has focused on individual and team coaching with U.S. and Canadian police and fire departments. Before co-founding The HarBeck Company, Riley was an associate professor at University of North Texas in the Counselor Education Department, where he taught courses in individual and group counseling.

This is a must-have for all group counselors! This book goes through the four stages of group counseling: Introduction, transition, working, and termination. The book provides examples of each stage, and group exercise suggestions. Each chapter covers various topics, from stages of group counseling to working with problem group members. This is a must-have book for the shelf of a group counselor. It is a great reference book. When I am stuck in the transition stage of group

counseling with my group, I can refer back to this book to get tips on how to move forward into the working stage. The chapters are laid out so that the book is easy to navigate. Therefore, if you are only needing to look at a specific section, you can easily find what you are looking for.

Great book. Easy to read and understand. Covered important topics as well as the promised material; Terrible condition. Water damage and rippling of the pages; excessive highlighting. I was very surprised to receive a book in this condition.

There was a ton of great information in this book. In some ways, too much as you know there is never enough time in a class to fully digest all the info. Overall, this book was helpful in looking at various techniques in group counseling as well as many examples and case studies.

Overall book was great. I learned a lot for group counseling. States the dos and donts of a school counselor or leader when running a group. Recommend this book very good!

Got the job done

Great book for group leaders. Out of the four books that I read for my class, this was the easiest read and most comprehended. It will be a book that I will reference.

Good book

Outer cover is a little run down, but the inside is completely useable and seems new.

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